

WARNING SIGNS

- Unexplainable behavior and mood swings
- Secretiveness
- Loss of interest in daily activities
- General changes in overall attitude
- Physical decline
- Has unexplained money or constantly needs money
- Receives phone calls (often short ones), at odd hours of the night
- Lies about activities
- Withdrawal from responsibility
- Always keeps jacket on
- Physical evidence of drugs such as: rolling papers, seeds, clips, etc.
- Use of cover-ups like: mouth spray, eye drops, perfume, etc.



Allegany County Drug & Alcohol Abuse Council

P.O. Box 1745

12501-3 Willowbrook Rd.

Cumberland, MD 21501-1745

Phone: 301-759-5050

ADDICTION

Resource Guide

**A comprehensive directory of
Addiction treatment
services in
Allegany County**



WHERE CAN I GET HELP?

Local Resources

- Allegany County Health Department Outpatient Addictions Program: 301-759-5050
- Allegany County Jail Substance Abuse Program: 301-759-5050
- Massie Unit (Adult Inpatient Program): 301-777-2285
- Jackson Unit (Adolescent Inpatient Program): 301-777-2290
- WMHS Inpatient Behavioral Health Unit: 240-964-2200
- WMHS Crisis Services: 240-964-1399
- WMHS Buprenorphine Clinic: 240-964-8585
- WMHS Emergency Room: 240-964-1200
- Western Maryland Recovery Services: 301-724-1144
- Cumberland Treatment Center: 301-687-0940
- Allegany County Salvation Army: 301-777-7600

Resources (Cont.)

- Tri-State Teen Challenge Crisis Office: 301-722-0686
- Alcoholics Anonymous: 301-722-6110
- Narcotics Anonymous: 301-722-6110
- Al-Anon: 301-722-6110
- The National Drug & Alcohol Treatment Hotline: 1-800-662-HELP
- The National Clearinghouse For Alcohol & Drug Information: 1-800-729-6686
- Covenant House Ninline: 1-800-999-9999
- Boys Town National Hotline: 1-800-448-3000
- SAMHSA Treatment Referral Line 24/7: 1-800-622-HELP (4357)



Websites

- www.maryland-adaa.org (Maryland Alcohol and Drug Abuse Administration)
- www.drugabuse.gov (The National Institute on Drug Abuse)
- www.samhsa.gov/treatment
- www.health.org The National Clearinghouse for Alcohol & Drug Information)
- www.alcoholics-anonymous.org (Alcoholics Anonymous)
- <http://al-anon.alateen.org> (Alateen)
- <http://al-anon.org> (Al-Anon)
- <http://www.na.org> (Narcotics Anonymous)
- <http://niaaa.nih.gov> The National Institute on Alcohol Abuse & Alcoholism)

Treatment resources &
information in
Allegany County, Maryland