

Allegany County Health Planning Coalition

Meeting Summary

March 12, 2013

Members Present

Christa Walker – WMHS	Nancy Forlifer – WMHS	Fred Tola- ACHD
Sandi Rowland – AHR	Susan Stewart – WMAHEC	Sue Raver, MD – ACHD
Jenelle Mayer – ACHD	Mary Beth Pirolozzi – CUW	Lesa Diehl – ACHD/MHSO
Susan Walter - TSCHC	Jenn Wilson – ACHD	Brenda Caldwell – ACHD, Guest
Robyn Nesbitt – ACHD Intern, Guest		

Members Absent

Karen Bundy – ACPS	Courtney Thomas – HRDC	Chris Delaney - ACHD
--------------------	------------------------	----------------------

I. WELCOME/INTRODUCTIONS

Dr. Raver welcomed the members and asked that they introduce themselves to Robyn Nesbitt, an intern from the Sociology Department at FSU. Robyn has been working on some things for the Coalition.

II. ADOPT MINUTES OF JANUARY 15, 2013

Dr. Raver asked if there were any corrections or additions to the minutes for January. There were no additions or corrections. Sandi Rowland made a motion to accept the minutes as presented. Lesa Diehl seconded the motion, and the group unanimously agreed.

III. UPDATED LHAP (AS OF FEB. 8, 2013) – Nancy Forlifer and Fred Tola

Fred gave a background on the Local Health Action Plan Workgroup – Chris, Jenn, Jenelle, Fred, Nancy and Robyn – and noted their final review of the measures.

Nancy stated that they are trying to get the measures more in line with SHIP. The new measures will be highlighted and presented today for approval. On the overall goals, if it is an improvement from the baseline, there will be a green arrow up; if no improvement, a red arrow down or yellow arrows straight across.

Priority #1: Tobacco

- Took out a lot of the pre-tests and post-tests throughout the priorities.
- In response to a request made at the last meeting for B4, the baseline for quit-line was 76 for CY12.

Priority #2: Obesity

- Under B2,
 - Vending machines and municipalities were taken out of measures and objectives.

- # of schools with appropriate labeling was also taken out because there are no labeling requirements for school cafeterias. Allegany County uses a 4-week cycle of menus, so it was proposed that a nutritional analysis could be done and used for educational purposes. (This is detailed in the Local Health Action Plan Workgroup Notes of 2-12-13.)
- Project Fit Measures will be put under A2.
- Some of the partners have also been changed.

Priority #3: Access

- Deleted B3, the action in reference to coordination with DHMH Office of Oral Health, because all of the other measures are related to adult dental care, and that one was focused on children.
- Four PCPs (Dr. Anita Vagnoni, Dr. Christopher Vagnoni, Dr. Norman Wood in Westernport and Lindsey Staggers-Gardner, NP) are leaving. Cathy Chapman, NP is opening her own practice. More will be coming in which should balance it out so no need for changes.
- Susan Stewart explained that with the workforce grant coming towards an end, they will be doing another survey, probably this summer, to refine the licensure data. They work with Cindy Bridges, WHMS. Nancy suggested that Susan coordinate with the hospital because they do an assessment of providers throughout the community. Nancy will let Susan know who is working on this now; previously it was Karen Johnson.

Priority #4: Emotional & Mental Health

- This year's county rankings are not yet available. 3.9 county update is from 2012.
- Baseline and goal changed because in SHIP, only Maryland residents in data related to hospital counted. Goal now includes substance abuse.

Priority #5: Substance Abuse – Alcohol & Drugs

- There were some changes to the baseline. Previously had a combination of drugs and alcohol as part of objectives for alcohol related crashes. Now looking at only drugs for drug-induced deaths and alcohol for crashes. Now using new data from SHA, which is more specific to county.
- Dr. Raver commented that we are required to have a drug-induced death prevention plan for the county in place by June. The training is March 27th. The drug council is working on this, as well as the Core Service Agency. Eventually, some of these measures will be part of the objectives for that plan. Rodger Simons, Chris Delaney, Lesa Diehl and Becky Meyers will be attending the training.
- Deleted the action about conducting sobriety road checkpoints and requiring convictions to install ignition interlock devices because sobriety checkpoints are still being done.
- Baseline for DUI/DWI for CY12 was 396 for the county (25-43 per month). This info will be included in the progress report.

Priority #6 – Screening

- Separated STI for the at-risk populations in order to 1) promote the recommended screenings and 2) promote STI screenings.
- Deleted the action about helping the underserved populations with medical devices because it is covered under another objective in *access*.

Priority #7 – Heart Disease & Stroke

- No comments or questions on the measures.

Priority #8 – Health Literacy

- In response to what kind of form is involved, it includes all forms – medical and financial.

Priority #9 – Healthy Start

- No questions or comments

Priority #10 – Dental

- Susan Stewart will check with Leslie Stevens to see which municipalities do not have fluoridated water.
- Also, Susan asked about the % of well water in the county. Fred answered that it is 30%. (Brian Dicken, ACHD Environmental Health, would have more information.)

Priority #11 – Cancer

- Dr. Raver commented that the rate for colon and lung cancer is high in our county, but very low for breast cancer. Mostly, even when our incidents are high, our mortality rate is good. If interested, Dr. Raver has the data.
- Deleted action about education on screening recommended for ovarian cancer because there is not a recommended screening for ovarian cancer. It would require a genetic test to find out if you are at risk, and it is not done in this area.
- Dr. Raver reported that there is an active community group in Frostburg working on ovarian cancer.

Priority #12 – Immunizations

- Updates are pending based on changes to the Behavioral Risk Factor Surveillance Survey.

Priority #13 – Chronic Respiratory Disease

- No comments or questions on the measures.

Approval of Changes to the Priorities

Two motions were made to approve the new measures presented. All were in favor, and the motion was granted.

IV. LHAP WORKGROUP UPDATE – NOTES ON ACTIVITIES

Nancy reported that most of the workgroup updates were already covered or will be covered at the next meeting.

V. COLLABORATION INITIATIVES: CTG GRANT; CHRC (GRANT EXTENSION); HEZ (NEXT STEPS)

CTG Grant – Jenelle Mayer

- 14 childcare providers in Cumberland have done assessment, which is a questionnaire relating to types of food they are serving, and children’s activity and screen time.
 - 9 providers selected 3 “let’s move” goals and set up an action plan to work towards those goals. Their progress will be checked in April.
 - Jenelle is still working on the other 5.
- Smoke-free multi-unit housing
 - Queen City Towers and JFK apartments have agreed to go smoke-free.
 - Jenelle is still waiting for data from February on feedback from the residents on a smoke-free policy.
 - Presentation on e-cigarettes is planned at Queen City Towers.
- Distributed new signage to Parks & Rec to be used mainly at Constitution Park (4 signs for the playgrounds and 12 signs throughout the park and ball fields.)
- Distributed materials to WMHS to be used in childbirth classes on second-hand smoke.
- Continuing billboards that promote quit-line and ACHD quitting services.
- Participating in School Readiness Fair this weekend. Jenelle’s table will focus on second-hand smoke; WIC will also be there, as well as Kathy Dudley from tobacco control.
- Promoting physical activity breaks in the schools.
- Would like to do a nutritional analysis for school lunch menus.
- Nancy mentioned that one of the counties has been asked to develop four weeks of inexpensive quality nutrition that can be used in the schools. Nancy will let Jenelle know which county it is.

CHRC (Grant extension) – Dr. Raver

- Chris Delaney was not present, but Dr. Raver reported that there is an extension on Chris’ breathalyzer program, which is now extending into the spring.
- Susan Stewart reported that the breathalyzer cannot be used at Delfest.
- Plan to use breathalyzer on trolley at Hooley.
- Take-back drugs initiative has been very successful.
- Received extra funding (\$10,000.00) for alcohol and drug prevention project between the college and high school in Frostburg.

HEZ (next steps) – Dr. Raver

- Dr. Raver reported that Dr. Fox, the Executive Director for the Institute for Healthiest Maryland, is considering finding a pilot, maybe Allegany County, to look at rec time activity in three elementary schools.

- DHMH is trying hard to come up with funding to continue the program we have done for a number of years with a nurse working with moms that are using (mostly drugs and alcohol) during and after pregnancy. Data is showing that moms she is working with during pregnancy are delivering babies at a more appropriate time and weight.
- Dr. Diane Romaine, representative from western part of county to Institute for Healthiest Maryland, invited Dr. Fox for a small forum related to the Institute for Healthiest Maryland and the CTG Grant. **The meeting will be on May 17, 2013 from 11:00 AM – 1:00 PM with a light lunch.** Invitations went out with the agenda. Dr. Fox plans on visiting AHEC.
- Dr. Sharfstein is visiting the county on June 20, 2013. Need to work on agenda for that day.

More Collaboration Initiatives – Nancy Forlifer

- Nancy circulated flyers on Health Literacy workshop scheduled for April 26, 2013.
- Three worksite mini grants through “making healthy choices easy” have been confirmed. They are:
 - Bishop Walsh School – Focused on the staff; they will be doing 10-minute activities per day at their desk.
 - WMHS will have a stepper contest. They will put steppers in meeting rooms.
 - Through the month of March, ACHD is doing healthy snacks, physical activity breaks, drinking water and walking.
- Two are still pending:
 - Allegany Health Nursing & Rehab submitted a challenge with walking, weight loss and dieticians, but has not yet given Nancy their budget.
 - New Page is considering doing some fitness classes there, but has not given Nancy anything yet as well.
- Nancy distributed a sample of a covered preventive services rack card the wellness center did. The final version for the coalition would be skinnier and taller. If approved, they would take the “Community Health & Wellness” logo off and replace it with the “Coalition” logo, then have them printed and distributed. They were approved. Let Nancy know if you would like some for distribution and how many.

VI. UPDATES ON SPECIAL PROJECTS: INSTITUTE FOR HEALTHIEST MD; COMMUNITY SUPPORT GRANTS, ETC. – Nancy Forlifer

- Institute for Healthiest Maryland has already been addressed.
- Community Support Grants – Received six applications.
 - Two will be funded:
 - *Family Crisis Resource Center* – Additional support groups for domestic violence and partner disputes, and hotline.
 - *Office of Consumer Advocates/Hope Station* – Bicycling Buddies Program; will ask them to give measure about the support group/social connectedness piece.

- One is pending:
 - *Bruce Outreach Center* – Has a Community Health & Recreation Center that has done good things. There is potential for there to be something intergenerational with sports, etc., but need for them to narrow it down with a support piece.
- Three will be denied.
 - *Appalachian Independent One Vision Many Voices* – It was a one-time event and has already been promoted. Will recommend that they get connected to the Coalition to bring in some new ideas.
 - *YMCA Senior Program* – It was a one-time health fair event, and the social connectedness was more of a by-product.
 - *Central Assembly of God Mile a Day Challenge* – Will recommend that they connect with the walking program that is already in place.
- Everyone agreed to go forward with the proposals.

VII. OTHER

a. Ideas for promoting calls to 911 for heart attack symptoms

- Nancy circulated copies of an article “Minutes Matter for Heart Attacks – Call 911” that was in one of their newsletters. She would like input on simplifying this info into a rack card.
 - Many suggestions were “Don’t Drive – Call 911”.
 - Need to communicate “why and when you should call?” Make it specific for a heart attack.
 - Also need to prevent inappropriate calls to 911.
 - It was recommended that Nancy talk with EMS (i.e. Dick DeVore or John Herath) for suggestions.
- Nancy asked that the members send any more thoughts to her, and she will bring a draft to the next meeting.
- The info will be distributed through newspapers, billboards, radio, rack cards, websites, etc.; also to all the partners. It could possibly be added to an EMS mailing distribution. Fire Departments could put it on their signs.

b. Support for uniform CDC vaccination recommendations – ACHD Website

- Fred reported that there was discussion among the Coalition workgroup to promote CDC vaccination recommendations starting with ACHD’s website. The website was displayed at the meeting.
 - The objective is that the recommendations be consistent among all the providers/partners.
 - This website will be monitored for updates.
 - The goal is to increase the number of flu vaccinations.

c. Community Commons – Data Site: www.communitycommons.org

- Nancy gave an overview of the Community Commons Data Site, which was displayed. She showed how to bring up reports that are a compilation of data from several sources (county health rankings, BRFSS, etc.) This data site could be used for the next round of needs assessment.
 - It is a free website, and there are five foundations involved.
 - Dr. Raver explained the network of care data site that Worcester Co. has been using; SHIP is going to be connected to this database.

d. Willing to Serve on a Subgroup for “Getting Healthier Together” project

- Nancy asked for some people to serve on a subgroup to create a simple message on what you can do to improve your health that can be packaged into a campaign for the community.
 - Lesa Diehl will recommend someone from her office.
 - Susan Stewart recommended Jen.

e. 95210 contest winner link: <http://youtube/v3hQF1IS6BE>

- Nancy circulated the list of winners for the 95210 contest. The winning videos were shown at the meeting.

Next meeting

May 14, 2013 at 1:30 pm in Administrative Conference Room, ACHD

Adjourned at 3:00 pm.

Submitted by:

Mary Strem
Allegany County Health Department