

Allegheny County Health Planning Coalition
Meeting Summary
October 16, 2012

Members Present

Dr. Sue Raver	Mary Beth Pirolozzi
Nancy Forlifer	Karen Bundy
Fred Tola	Susan Stewart
Lesla Diehl	Christa Walker
Jennifer Wilson	Tracy Curry, Guest
Jenelle Mayer	

Members Absent

Courtney Thomas
Chris Delaney
Susan Walter

Introductions

Review of Minutes

Dr. Raver asked if there were any corrections to the minutes for August. There were no corrections or additions. Fred made a motion to accept the minutes as presented. Susan Stewart seconded the motion, and the group unanimously agreed.

HEZ Update – Dr. Raver

- It has been a busy month with multiple subgroups meeting.
- We had our meeting with the State on 9/25
- Letter of Intent was sent and has been received
- Mark Luckner says we will hear soon
- We will go forward with the next phase which is due 11/13/12

Nancy Forlifer

- Will be applying for the Health Enterprise Zone for the 21502 area
- Will be addressing racial/ethnic and geographical disparities
- Will be focusing on mental health/dental/hypertension/diabetes
- Need to maintain a balance between provider incentives and community-based incentives
- The proposal has been to have case managers and have a community network established
- Subcommittees are meeting:
 - Oct 26 at 12:00 Case Management
 - Oct 26 at 1:30 Dental
 - Oct 31 at 9:00 Behavioral Health
- In the interim Fred, Nancy, Jenelle and Christa will be working on the rest of the grant since the full application is due November 13.

Tracy Curry asked if there was a subcommittee for hypertension. Nancy responded that efforts are not being focused on the diseases, but reasons for meeting with behavioral health and dental are issues

related to providers and process. Nancy suggested that Tracy consider meeting with the case management and health workers subgroup. (HEZ Subcommittee) Nancy indicated that the letter of intent includes groups listed on action plans as partners and includes UHC.

Dr. Raver requested that committee members introduce themselves for Karen Bundy.

Implementation Progress Report

a. Phase 1, 2 & 6 – WMHS lead actions – Nancy Forlifer (Fred will report on ACHD next meeting)

Nancy reported on new highlights (bolded) on the Local Health Action Plan – Status Report:

- **Obesity**
 - Project Fit in Flintstone
 - Worksite assessment – survey sent out to businesses; send information monthly. Businesses can be added, let Nancy know.
 - Promote healthier food
 - Nutrition campaigns – reviewed 95210
 - Karen asked if the Board of Education had responded to the assessment. Nancy will check and reply. BoE could still participate in survey and receive monthly information.
 - Susan Stewart requested AHEC be added to the list of businesses to receive monthly information
 - Primary Care – RAC card for services in area and apps that are free or low cost related to nutrition and exercise, 10 questions to ask about dietitian, gym, and healthy choices ready by Nov. 13 at 6pm at WMHS Auditorium - Dr. Scott Kahn presenting Best Practices for Obesity and the Role of Providers and Panel to follow including a dietitian, trainer, counselor, and client to answer questions
 - Tracy requested a list of providers in order to share DVDs, recipe cards, eating on a budget, etc. for pediatrician's offices.
 - Breastfeeding
 - Lactation Consultant once a week for WIC
 - Lactation Counselor going to training to become IBCLC (International Board Certified Lactation Consultant)
 - Lactation room at the hospital for employees and counseling
 - Training for housekeeping and dietary staff and now Peds and OB staff to reduce negative comments
- **Access to Care**
 - Two nurse practitioner providers added
 - Approved of 1.5 FTE of MH case managers to go into community (from WMHS)
 - Transportation – case management is needed to help coordinate resources
 - Sent an additional survey and received many responses
 - Discussed with Transportation Committee
 - Change in schedule or route/staff ask questions to help direct
 - Lack of how resources are used and coordinated
 - If anyone wants notes from meeting, let Nancy know
 - Dental care numbers have gone up
 - Dental clinic is still in developmental phase

- Emotional
 - Promote development of positive, non-abusive relationships for improved health
 - BoE is involved in anti-bullying.
 - If any others, let Nancy know.
 - Parish Nursing encounters
 - Integrative Wellness
 - videos and fact sheets for practices for wellness opportunities
 - CME on exercise and nutrition
 - Dr. Kolodney and opiates education
 - Screening – meaningful use, electronic medical records
 - Blood pressure assessed, not lipids
 - no updates to STI measures
- Screenings – no update
 - Diabetes Self-Management– program through hospital at Johnson Heights and hopefully connected with Hopkins may be additional support for diabetics (for those with doctor referral only)
 - Other self-management clinics: Anti-coagulation clinic
 - Pharmacists available
 - Referred by primary care provider
- Prevention strategy for heart disease
 - Consistent messages are being worked on
 - Importance of calling 911 for ambulance if possibly having a heart attack
 - Care can be started in a shorter time
- Health literacy survey will be repeated and possible program planned for April 2013
- COPD Awareness Campaign - assessments, displays etc.
 - If flyer is needed on COPD and second-hand smoke events, let Nancy know.
- Asthma work is just getting started

Email and request rankings response, Nancy will send electronically and will request response back to her in one week.

b. Integration with Community Transformation Grant – Nancy Forlifer

- Identified key areas in tobacco, active living and healthy eating
 - Adding measures to Local Health Action Plan
 - For instance – number of people educated or related to multi-unit housing and tobacco-free will be added to B3 measure.
 - As there were no objections to the change, items will be added to measures.

Reports – Updates

a. SHIP

- Dr. Raver reported that new 2012 data is to be available soon (IT difficulties)
- Fred reported that the Quarterly report for 7/1/12 – 9/30/12 was submitted on Oct 10, 2012
 - Next phase is October 1 through December – asking about activity in implementation plan
 - Number of meetings
 - Progress recorded on website (bar levels)
 - Names of subcommittees working before the Coalition began

- In the future, will be requesting information about HEZ
- Fred circulated report for members to review

b. Cancer Plan – Nancy Forlifer

- State is trying to connect plans together
 - Requesting reports
 - Checked with Paula McKenzie and she only reports Chapter 9 (Colorectal)
 - Nancy has listed their goals/objectives/strategies and then listed what our action plan is and the steps connected to it. Asked members if we could refer them to the attached and highlight actions. All members agreed that it seemed reasonable and sufficient.

Future Initiatives for Collaboration – Nancy Forlifer

See what ideas are for integrating things coming forward

- Making the environmental and policy changes –what actions to take
 - Should there be any involvement at the County Planning Meeting on 10/23 at 7 p.m. - physical activity access and environmental things (trails, bike riding, and related info)
 - Fred agreed that HD needs to be present at discussions since it is related to Accreditation Public Health domain and could incorporate LHIP and advocacy
 - Nancy to obtain additional information regarding meeting and share with members
- Food Vending Choices
 - Trying to locate healthy vendors
 - Only Baltimore area vendors. If anyone is interested in pilot to gather data to support the case for Baltimore vendors to come to the area, let Nancy know.
 - If anyone knows of a healthy vendor, let Nancy know.
 - Community Transformation Grant may having funding to try such a project (knows of a non-profit that wants to try, but needs funding to get started) and then could share data
- Concession Choices
 - Booster Clubs – Karen will see about obtaining a list of contacts
 - Clubs would need incentives to change out machines
 - Adding healthier choices
 - Include hot foods
 - Money is a problem
 - Provide calorie counters or controlled portions information
- Minigrants for social support
 - What are the target populations? Promote development of positive, non-abusive relationships for improved health (positive parenting, anti-bullying, mentor programs, visitation of elderly, developmental assets, Community Outreach Workers)
 - Bullying is in schools but trying to get people acting on it and putting it in writing is the difficult part.
 - Give kids positive way to use talents (generational), i.e., technology group with elderly
 - Identify the need, these are the grants available, and put links to
 - Challenge leaders/coaches of SHOP, 4-H groups, service groups, church youth groups, sports teams
 - Discussed grant writing and preparing a one-page agreement contract template for next meeting.

- 95210 Contest
 - In January for all youth ages – drawing, jingle or You-Tube video
 - Information will be sent out about 95210
 - Share info for PEG Channel on TV, messages on paychecks, etc. (Lorelee, Mia, Karen)
 - All categories in each age group
 - Nancy will draft something by type and age and get it out
 - Include getting information to Afterschool Coordinator and private schools

Discuss ways for the state to help the Coalition carry out its duties – Dr. Raver

- Any ideas that this group thinks would be helpful to share with the Secretary of Health
 - Other models
 - Data collection
 - Increase quality/decrease costs
 - Maybe the State could coordinate a way to ask different entities about their perspectives/angles on population health, etc. in order to bring everyone together on how to get things accomplished (suggested ideas from triple aim conference last week)
 - Research using different coalition activities to see if there is any connection with objectives
 - Bring ideas to next meeting

Tracey shared that this Coalition is different than the rest of the state in a good way – players are familiar with issues in community and this Coalition’s focus is good. Some counties in Maryland already have healthy county initiatives and their focus is access and getting people to care. Allegany County keeps their website up-to-date. She cited that Dental is critical and would make us competitive.

Other

- Dr. Raver acknowledged
 - Nancy Forlifer and her well-deserved recognition in receiving the Rural Health Achievement Award.
 - ACHD Dental Program on receiving the Rural Health Program Award.
 - New director in Behavioral Health – Dr. Gayle Jordan-Randolph

- Susan Stewart is working on a way to get inter-professional team for consultation/collaboration related to education and programming for AHEC (medical, dental, pharmacy, mental health) rather than the traditional approach of going directly to providers. She asked members to think about coming together in an advisory way to discuss how to create programming in order to make it interesting and meaningful to providers. Fred suggested using a phone bridge possibly at an earlier hour so as not to interfere with patient care.

Next meeting

December 11, 2012 at 1:30 in Administration Conference Room, ACHD

Adjourned at 2:50

Submitted by Tana Wolfe