

Therapists cont...

Helen Miller, LCPC
153 N. Baltimore Street
Third Floor, Suite 1
Cumberland, MD 21502
Phone: 301-724-4081

James E. Miller, Ph.D.
153 N. Baltimore Street
Third Floor, Suite 1
Cumberland, MD 21502
Phone: 301-724-4081

Psychological Services
of Western Maryland
925 Bishop Walsh Road
Cumberland, MD 21502
Phone: 301-777-0451

Roles for Growth Counseling and
Consulting Services
12611 Henry Drive
LaVale, MD 21502
Phone: 240-727-2451

Seth Ramer, LCSW-C
1100 Industrial Boulevard
Cumberland, MD 21502
Phone: 301-895-3117

Debra Schaaf Ph.D.
7 Washington Street, Suite 2
Cumberland, MD 21502
Phone: 301-724-5544

Residential Crisis Beds

Compass House
418 Warwick Ave
Cumberland, MD 21502
Phone: 240-362-7082


Psychiatric Rehabilitation Programs

Appalachian Behavioral Health Services
(Children Only)
507 Henderson Avenue
Cumberland, MD 21502
Phone: 301-724-7277

Archway Station, Inc. (Adults and Children)
408 N. Centre Street
Cumberland, MD 21502
Phone: 301-777-1700

Committed to Change (Adults and Children)
200 Glenn Street
Suite 301
Cumberland, MD 21502
Phone: 240-580-1919

Villa Maria of Mountain Maryland (Children only)
517 E. Oldtown Road - Front
Cumberland, MD 21502
Phone: 301-777-8685



Allegany County Public Mental Health System Providers



For questions regarding the
Public Mental Health System,
please contact:
Mental Health System's Office (CSA)
P.O. Box 1745
12501 Willowbrook Road, SE
Cumberland, MD 21502
Phone: 301-759-5070

These providers, as members of Maryland's Public Mental Health System, provide services to individuals with medical assistance and to uninsured individuals on a sliding fee scale:

Outpatient Mental Health Clinics

Allegany County Health Department (OMHC)
P.O. Box 1745
12501 Willowbrook Road, SE
Cumberland, MD 21501-1745
Phone: 301-759-5280

Committed to Change
200 Glenn Street
Suite 301
Cumberland, MD 21502
Phone: 240-580-1919

Pressley Ridge of Western MD (Children Only)
327 Beall Street
Cumberland, MD 21502
Phone: 301-724-8413

Villa Maria of Mountain Maryland
517 E. Oldtown Road - Front
Cumberland, MD 21502
Phone: 301-777-8685

Western Maryland Health System Behavioral
Health Program (Adults Only)
12502 Willowbrook Road
Cumberland, MD 21502
Phone: 240-964-8585

Consumer Advocacy/Drop-In Center

Hope Station, Inc.
632 N. Centre Street
Cumberland, MD 21502
Phone: 240-362-7168
21502
Phone: 301-759-5070

Mental Health Case Management

Mental Health Case Management
Allegany County Health Department
12501 Willowbrook Road SE
Cumberland, MD 21502

Psychiatrists

Jean Helz, M.D.
546 Centre Street
Cumberland, MD 21502
Phone: 301-724-0225

Robert Lynn, M.D.
134 Baltimore Street
Cumberland, MD 21502
Phone: 301-777-0620

Velupillai Nagulendran, M.D.
81 Baltimore Street
Cumberland, MD 21502
Phone: 301-777-9330

Samuel Nava, M.D.
81 Baltimore Street
Cumberland, MD 21502
Phone: 301-777-9330

V.K. Suresh Rajan, M.D.
Johnson Heights Medical Building
625 Kent Avenue, Suite 110
Cumberland, MD 21502
Phone: 240-964-4222

Therapists

Appalachian Behavioral Health Services
507 Henderson Avenue
Cumberland, MD 21502
Phone: 301-724-7277

Gerald Chambers, LCPC
1942 Durham Drive
Cumberland, MD 21502
Phone: 301-777-5356

Committed to Change
200 Glenn Street
Suite 301
Cumberland, MD 21502
Phone: 240-580-1919

Gaia Holistic Counseling
134 Baltimore Street
Cumberland, MD 21502
Phone: 301-777-5006

Steven Hartsock, Ph.D., LCSW-C
72 Pershing Street
Cumberland, MD 21501
Phone: 301-777-9005

Bruce Liller, LCPC
153 N. Baltimore Street
Third Floor, Suite 1
Cumberland, MD 21502
Phone: 301-759-2852