

## CASE MANAGEMENT SERVICES

### Organization Name: Allegany County Mental Health Case Management

**Contact Information:**

Location: 12501 Willowbrook Road SE  
Cumberland, MD 21502

Mailing: P.O. Box 1745

Phone: 301-759-5070

Fax: 301-777-5621

Email: [achd.mhso@maryland.gov](mailto:achd.mhso@maryland.gov)

Website: [www.alleganyhealthdept.com/mhso](http://www.alleganyhealthdept.com/mhso)

**Hours of Operation:**

Monday 8a-5p  
Tuesday 8a-5p  
Wednesday 8a-5p  
Thursday 8a-5p  
Friday 8a-5p  
Saturday On-call existing clients only  
Sunday On-call existing clients only

**Forms of Payment Accepted:**

Medicaid, Uninsured who meet PMHS eligibility criteria as well as med necessity criteria for case management.

**Ages Served:**

Adults and Children & Adolescents

## OUTPATIENT MENTAL HEALTH CENTER

### Organization Name: Allegany County Health Department– Behavioral Health

**Contact Information:**

Location: 12503 Willowbrook Road SE  
Cumberland, MD 21502

Mailing: P.O. Box 1745

Phone: 301-759-5255

Fax: 301-777-2098

Email: [achd.mhso@maryland.gov](mailto:achd.mhso@maryland.gov)

Website: [www.alleganyhealthdept.com/](http://www.alleganyhealthdept.com/)

**Hours of Operation:**

Monday 8a-5:30p  
Tuesday 8a-5:30p  
Wednesday 8a-6:30p  
Thursday 8a-5:00p  
Friday 8a-5:00p  
Saturday Closed  
Sunday Closed

**Forms of Payment Accepted:**

Medicaid, Medicare, Blue Cross Blue Shield, United Health Care, Aetna, private insurance, self pay, sliding fee scale, and grant funds

**Ages Served:**

Adults and Children & Adolescents

### Organization Name: Committed to Change, PC

**Contact Information:**

Location: 200 Glenn Street, Suite 302  
Cumberland, MD 21502

Mailing: see above

Phone: 240-580-1919

Fax: 1-443-276-6712

Email: [Committedtochange21502@gmail.com](mailto:Committedtochange21502@gmail.com)

Website: [www.committedtochange.com](http://www.committedtochange.com)

**Hours of Operation:**

Monday 9a-5p  
Tuesday 9a-5p  
Wednesday 8a-5p  
Thursday 8a-5p  
Friday 9a-4p  
Saturday Closed  
Sunday Closed

**Forms of Payment Accepted:**

Medicaid, Medicare, Care First Blue Cross Blue Shield, United Health Care, and self pay

**Ages Served:**

Adults and Children & Adolescents

### Organization Name: Pressley Ridge

**Contact Information:**

Location: 327 Beall Street  
Cumberland, MD 21502

Mailing: see above

Phone: 301-724-8413

Fax: 301-724-8417

Email: [mdemartino@pressleyridge.org](mailto:mdemartino@pressleyridge.org)

Website: [www.pressleyridge.org](http://www.pressleyridge.org)

**Hours of Operation:**

Monday 9a-5p  
Tuesday 9a-5p  
Wednesday 9a-5p  
Thursday 9a-5p  
Friday 9a-5p  
Saturday 9a-5p  
Sunday 9a-5p

**Forms of Payment Accepted:**

Medicaid, Aetna, private insurance, and self pay

**Ages Served:**

Children & Adolescents

## Organization Name: Villa Maria

### Contact Information:

Location: 517 East Oldtown Road-front  
Cumberland, MD 21502

Mailing: see above  
Phone: 301-777-8685  
Fax: 301-777-8687  
Email: dbena@cc-md.org  
Website: none

### Hours of Operation:

Monday 8:30a-6p  
Tuesday 8:30a-6p  
Wednesday 8:30a-6p  
Thursday 8:30a-6p  
Friday 8:30a-6p  
Saturday 12p-5p  
Sunday Closed

### Forms of Payment Accepted:

Medicaid

### Ages Served:

Adults and Children & Adolescents

## Organization Name: Western Maryland Health System Behavioral Health Service

### Contact Information:

Location: 12500 Willowbrook Road  
Cumberland, MD 21502

Mailing: see above  
Phone: 240-964-8585  
Fax: 240-964-8586  
Email: none  
Website: www.wmhs.com

### Hours of Operation:

Monday 8a-7p  
Tuesday 8a-7p  
Wednesday 8a-7p  
Thursday 8a-7p  
Friday 8a-1:30p  
Saturday As needed  
Sunday As needed

### Forms of Payment Accepted:

Medicaid, Medicare, Care First Blue Cross Blue Shield, United Health Care, Aetna, private insurance, self pay, and sliding fee

### Ages Served:

Adults

## PSYCHIATRIC REBHABILITATION

## Organization Name: Archway

### Contact Information:

Location: 408 North Centre Street  
Cumberland, MD 21502

Mailing: see above  
Phone: 301-777-1700  
Fax: 301-722-1209  
Email: Ivanhollen@allconet.org  
Website: www.archwaystationinc.org

### Hours of Operation:

Open 24 hours a day, 7 days a week

### Forms of Payment Accepted:

Medicaid and VA

### Ages Served:

Adults and Children & Adolescents

## PSYCHIATRIST/PSYCHIATRIC NURSE PRACTITIONER

## Organization Name: Dr. Velupillai Nauglendran, MD

### Contact Information:

Location: 81 Baltimore Street  
Cumberland, MD 21502

Mailing: see above  
Phone: 301-777-9330  
Fax: none  
Email: none  
Website: none

### Hours of Operation:

Monday 10a-12p  
Tuesday 10a-12p  
Wednesday 10a-12p  
Thursday 10a-12p  
Friday Closed  
Saturday Closed  
Sunday Closed

### Forms of Payment Accepted:

Medicaid and Medicare

### Ages Served:

## Organization Name: Positive Progression

### Contact Information:

Location: 208 North Centre Street  
Cumberland, MD 21502

Mailing: see above

Phone: 240-362-7723

Fax: 240-362-7724

Email: hannah19@positiveprogression.net

Website: none

### Hours of Operation:

By Appointment Only

### Forms of Payment Accepted:

Contact insurance provider

### Ages Served:

Adults

## THERAPIST

## Organization Name: Zealand Psychological Associates

### Contact Information:

Location: 152 Bedford Street  
Cumberland, MD 21502

Mailing: see above

Phone: 301-722-8000

Fax: 301-722-8001

Email: zpa@atlanticbb.net

Website: www.zealandpsychologicalassociates.com

### Hours of Operation:

Monday 9a-5p

Tuesday 9a-5p

Wednesday 9a-5p

Thursday 9a-5p

Friday Closed

Saturday Closed

Sunday Closed

### Forms of Payment Accepted:

Contact insurance provider

### Ages Served:

Adults and Children & Adolescents

## Organization Name: David Dayhoff, Ph.D

### Contact Information:

Location: 7 Market Street  
Cumberland, MD 21502

Mailing: see above

Phone: 301-759-3360

Fax: 301-759-3360

Email: dmdayhoff@hotmail.com

Website: none

### Hours of Operation:

Monday 12p-7p

Tuesday 12p-7p

Wednesday 12p-9p

Thursday 12p-7p

Friday Closed

Saturday Closed

Sunday Closed

### Forms of Payment Accepted:

Medicaid, Blue Cross Blue Shield, United Health Care, Aetna, Private Insurance, and self pay

### Ages Served:

## Organization Name: Helen Miller, LCPC

### Contact Information:

Location: 153 Baltimore Street, Third Floor, Suite 1  
Cumberland, MD 21502

Mailing: see above

Phone: 301-724-4081

Fax: 301-724-4079

Email: hfmiller@atlanticbb.net

Website: none

### Hours of Operation:

Monday 8a-7p

Tuesday 8a-7p

Wednesday 8a-7p

Thursday 8a-7p

Friday Closed

Saturday Closed

Sunday Closed

### Forms of Payment Accepted:

Medicaid, Blue Cross Blue Shield, United Health Care, Private Insurance, Self Pay, sliding fee scale, APS, Magellan

### Ages Served:

Adults and Children & Adolescents

**Organization Name: Debra Schaaf, Ph.D**

**Contact Information:**

Location: 7 Washington Street  
Cumberland, MD 21502  
Mailing: see above  
Phone: 301-724-5544  
Fax: 877-395-1553  
Email: [debraschaff@gmail.com](mailto:debraschaff@gmail.com)  
Website: none

**Hours of Operation:**

By Appointment Only

**Forms of Payment Accepted:**

Medicaid, Medicare, Blue Cross Blue Shield, United Health Care, Aetna, Private Insurance and self pay.

**Ages Served:**

Ages 12+

**SUBSTANCE ABUSE**

**Organization Name: Cumberland Treatment Center**

**Contact Information:**

Location: 14701 National Highway, Suite 5&6  
LaVale, MD 21502  
Mailing: see above  
Phone: 301-687-0940  
Fax: 301-687-0948  
Email: none  
Website: [www.crchealth.com](http://www.crchealth.com)

**Hours of Operation:**

Monday	5:30a-5:30p
Tuesday	5:30a-2p
Wednesday	5:30a-2p
Thursday	5:30a-2p
Friday	5:30a-2p
Saturday	6a-10a
Sunday	Closed

**Forms of Payment Accepted:**

Medicaid, United Health Care, Aetna,  
Private Insurance and self pay.

**Ages Served:**

Adults